

WESTERN INTERNATIONAL PISTOL LEAGUE

An introduction to ISSF, SFC, BCTSA, WIPL,
and any other acronyms I can think of.

SHOOTING ORGANIZATIONS

This is a basic outline of **ISSF** Pistol Shooting events. For those who are new to competition, ISSF stands for INTERNATIONAL SPORTS SHOOTING FEDERATION. It is the international governing body for all Olympic type competitive Shooting Sports. <http://www.issf-sports.org>

SFC (SHOOTING FEDERATION of CANADA) is the Canadian Organization responsible for ISSF events in Canada. www.sfc-ftc.ca

Competitors will need to be a member of SFC to compete in Sanctioned Matches.

BCTSA (BRITISH COLUMBIA TARGETS SPORTS ASSOCIATION) is the Provincial Organization responsible for SFC events in BC. <http://www.bctsa.bc.ca/>

Competitors will need to be a member of BCTSA to compete in Sanctioned Matches.

(David's Note--BCTSA is responsible for the development of Target Shooting in BC. In addition to overseeing the Provincial Matches, BCTSA provides training and certification to Coaches as well as sponsoring the BC Youth Teams. I recommend that all Target Shooters in BC become a member of BCTSA. Our future depends on it...)

WIPL (WESTERN INTERNATIONAL PISTOL LEAGUE) is a local league with matches based on ISSF rules for STANDARD PISTOL and CENTRE-FIRE/SPORT PISTOL events, but many of the technical rules such as trigger weight and centre-fire calibre etc. are relaxed in WIPL to encourage new shooters.

Matches are held monthly from September through April each year at the following participating Gun Clubs.

[Langley Rod & Gun Club](#)

[Abbotsford Fish & Game Club](#)

[Port Coquitlam & District Hunting & Fishing Club](#)

Out of Town Shooters can participate by means of "POSTAL MATCHES" where they can shoot the event at their local Club and submit the scores to WIPL.

SFC and BCTSA membership are not required.

For more information e-mail to : WIPL@shaw.ca

I have provided a very brief summary of the 5 ISSF Pistol events in the following pages.

ISSF SHOOTING EVENTS

STANDARD PISTOL

The standard pistol match is shot with a regular Standard Pistol in .22 LR.

- Minimum Trigger Pull Weight=1000 gr.
There are Pistol Dimension and Weight Specifications.
(See ISSF rulebook, not enforced for WIPL)

Course of Fire

The 60-shot match is divided into 5-shot strings with different timings: shot at 25 m: (or 20 yards)

- Precision Stage - 4 strings within 150 seconds each - competitor can begin the series in any fashion he/she chooses.
 - Timed Fire Stage - 4 strings within 20 seconds each - competitor must begin each string with pistol in one outstretched arm from the 45 degree angle starting position.
 - Rapid Fire Stage - 4 strings within 10 seconds each - competitor must begin each string with pistol in one outstretched arm from the 45 degree angle starting position.
 - A 5 shot Sighting Series is shot prior to the first Precision stage.
 - Precision Targets are used in all stages.
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CENTRE-FIRE/SPORT PISTOL

- The match is shot with a .30 - .38 calibre Centre-fire pistol or with a regular .22 LR Standard Pistol (Sport Pistol)

- Minimum Trigger Pull Weight=1000 gr.
There are Pistol Dimension and Weight Specifications.
(See ISSF rulebook, not Enforced for WIPL)
Any Centre-fire Calibre may be used in WIPL

Course of fire

A CF/SPORT PISTOL match consists of two stages of 30 shots each, both shot at 25 m: (or 20 yards)

- A *precision stage* where 5 shots are to be fired during a 5 minute period.
 - A *rapid-fire stage* where, for each shot, the shooter has 3 seconds to raise his arm from a 45 degree angle and fire.
 - As with all ISSF pistol disciplines, all firing must be done with one hand, unsupported.
 - A 5 shot Sighting Series is shot prior to each stage..
 - Precision Targets are used for the first stage, and Rapid-fire Targets for the second stage.
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10 METRE AIR-PISTOL

- The match is shot with a .177 calibre single-shot air pistol.
- *Minimum Trigger Pull Weight=500 gr.*
- *There are Pistol Dimension and Weight Specifications. (See ISSF rulebook)*

Course of fire

An AIR-PISTOL match consists of 60 shots within 105 minutes for men, and 40 shots within 75 minutes for women, shot at a distance of 10 metres. 10 m Air-Pistol targets are used.

50 METRE PISTOL

- The pistol used must use .22 Long Rifle ammunition, may only be loaded with one round at a time, and have conventional "open" or "iron" sights (i.e. optical and laser sights are not allowed). It must also be operated by one hand and not supported by any other part of the shooter's body. Apart from that, there are practically no rules for the pistol, explaining the former name of the event. Trigger weight may be as low as the shooter pleases, the grip may be designed in any way to enhance comfortable ergonomic fit as long as it doesn't touch the wrist for support and there are no restrictions on size and weight. Precision pistols with long barrels, grips fitted to the shooter's hand, very light trigger pull, etc., are often themselves called free pistols.

Course of fire

A 50 METRE PISTOL match consists of 60 shots within 120 minutes, shot at a distance of 50 metres. 25 M Precision Targets are used.

OLYMPIC RAPID FIRE PISTOL

- Using a Standard .22 Cal Pistol, Shooters shoot at 5 Turning Targets at a distance of 25 Metres.
- *Pistol Specifications are the same as STANDARD PISTOL*

Course of fire

There are three different time limits for the series: 8 seconds, 6 seconds, and 4 seconds.

A stage consists of two series of each type, and a full course of fire comprises two such stages, or a total of 60 shots.

Some things you should know!

At the Provincial level and higher Electronic Scoring or turning targets are normally used.

At the Club level usually either Signal Lights or a Beeper are used to signal the start and stop times for each target.

The complete set of rules for all ISSF events are available of the ISSF website.

http://www.issf-sports.org/theissf/rules/english_rulebook.ashx

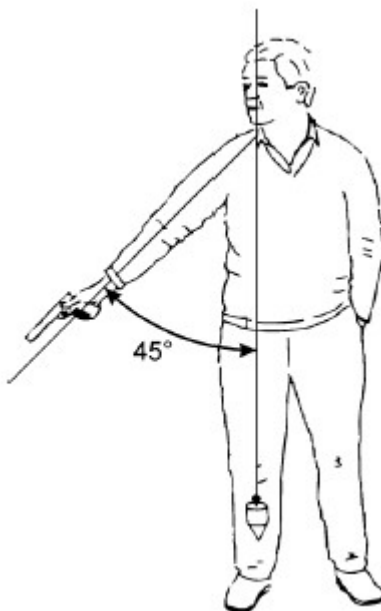
In all ISSF pistol disciplines, all firing must be done with one hand, unsupported.

During STANDARD PISTOL - 20 Second and 10 Second Series

CF/SPORT PISTOL - Rapid Fire Series

OLYMPIC RAPID FIRE - All Series

The Shooter must stand in the “READY POSITION” You raise your arm to shoot at the beginning of the timing and must lower it back to the ready position at the end of the timing.



DURING THE COMPETITION

	STANDARD PISTOL	CF/SPORT PISTOL
<p><u>PREPARATION TIME</u></p> <p>“YOUR PREPARATION TIME BEGINS NOW”</p>	<p>5 Minutes</p> <p style="text-align: center;"><i>- Usually less in WIPL Matches to speed things up.</i></p>	<p>5 Minutes</p> <p style="text-align: center;"><i>- Usually less in WIPL Matches to speed things up.</i></p> <p>3 Minutes between Precision Stage and Rapid fire stage</p>
<p><u>SIGHTING SERIES</u></p> <p>“ FOR YOUR SIGHTING SERIES – LOAD”</p> <p>“ ATTENTION”</p> <p><i>Timing starts after 7 secs</i></p>	<p>1 Sighting Series of 5 shots in 150 secs.</p>	<p>1 Sighting Series of 5 shots in 5 minutes - Precision Series. and;</p> <p>1 Sighting Series of 5 shots Rapid Fire Series.</p>
<p><u>COMPETITION SERIES</u></p> <p>“ FOR YOUR _____ COMPETITION SERIES - LOAD”</p> <p>You have 1 minute to load</p> <p style="text-align: center;"><i>- Usually less in WIPL Matches to speed things up.</i></p> <p>“ ATTENTION”</p> <p><i>Timing starts after 7 secs</i></p>	<p><u>Precision</u> - 5 shots in 150 sec</p> <p><u>Timed</u> - 5 shots in 20 Secs.</p> <p><u>Rapid</u> - 5 shots in 10 secs</p> <p style="text-align: center;"><i>- Score after 10 shots</i></p>	<p><u>Precision</u> - 5 shots in 5 min.</p> <p><u>Rapid</u> - 1 shot in 3 secs</p> <p style="text-align: center;"><i>- Repeated after 7 secs.</i></p> <p style="text-align: center;"><i>- 5 shots per series.</i></p> <p style="text-align: center;"><i>- Score after 10 shots</i></p>
<p><u>MALFUNCTION SERIES</u></p> <p>“ FOR YOUR _____ MALFUNCTION SERIES - LOAD”</p> <p><i>- Shot at end of 10 shots -</i></p> <p><i>- Count lowest 10 shots</i></p>	<p>Allowed 1 during Precision Series ;</p> <p style="text-align: center;"><i>- Repeat 5 shot series.</i></p> <p>and 1 during combined Timed & Rapid Series.</p> <p style="text-align: center;"><i>- Repeat 5 shot series.</i></p>	<p>Allowed 1 during Precision Series ;</p> <p style="text-align: center;"><i>- Repeat 5 shot series.</i></p> <p>and 1 during Rapid Series.</p> <p style="text-align: center;"><i>- Shoot req'd # to complete the series.</i></p>

Now WIPLers lets get WIPLing.

*Prepared by David G. WIPL President, and WIPL Match Organizer, Langley Rod and Gun Club
Your mileage may vary*